

## MOVEMENTS

### PRELUDE: Andante Maestoso PAGE I

To suffer woes which hope thinks infinite,  
To forgive wrongs darker than death or night,  
To defy power which seems omnipotent,  
Neither to change, nor falter, nor repent:  
This . . . is to be  
Good, great and joyous, beautiful and free,  
This is alone life, joy, empire and victory.

SHELLEY: *Prometheus Unbound*

### SCHERZO: Moderato PAGE 38

There go the ships  
and there is that Leviathan  
whom thou hast made to take his pastime therein.

PSALM 104

### LANDSCAPE: Lento PAGE 70

Ye ice falls! Ye that from the mountain's brow  
Adown enormous ravines slope amain—  
Torrents, methinks, that heard a mighty voice,  
And stopped at once amid their maddest plunge!  
Motionless torrents! Silent cataracts!

COLERIDGE: *Hymn before Sunrise, in the Vale of Chamouni*

### INTERMEZZO: Andante sostenuto PAGE 100

Love, all alike, no season knows, nor clime,  
Nor hours, days, months, which are the rags of time.

DORNE: *The Sun Rising*

### EPILOGUE: Alla marcia, moderato (non troppo allegro)

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I do not regret this journey; we took risks, we knew we took  
them, things have come out against us, therefore we have  
no cause for complaint.

CAPTAIN SCOTT'S LAST JOURNAL